

## Free sewing pattern for wrist warmers





**RITO**  
#RITOHOBBY



[Download PDF here](#)

These polar fleece handwarmers are easy to sew and you can adapt the pattern to fit your hand/arm exactly. They are cut extra long to create a nice wrinkly effect up the arm. If you're interested in making a nice set to keep warm, check out our [free sewing pattern for a matching ear warmer](#).

### **Material:**

- [1 piece of Polar fleece fabric](#) - this could be in the colour [024 Bottle green](#)
- [Paper](#) - either 2 pieces of A4 or 1 piece of A3
- [Sewing thread](#) matching the fabric - for example [BSG Sewing thread 120 0272](#)
- [Sewing machine](#)



- [Overlocker](#) but it is not a necessity
- [Scissors](#)
- [Pins](#) or [clips](#) - used to hold the fabric in place
- [Chalk](#) or [colour pencil](#)
- [Tape measure](#)

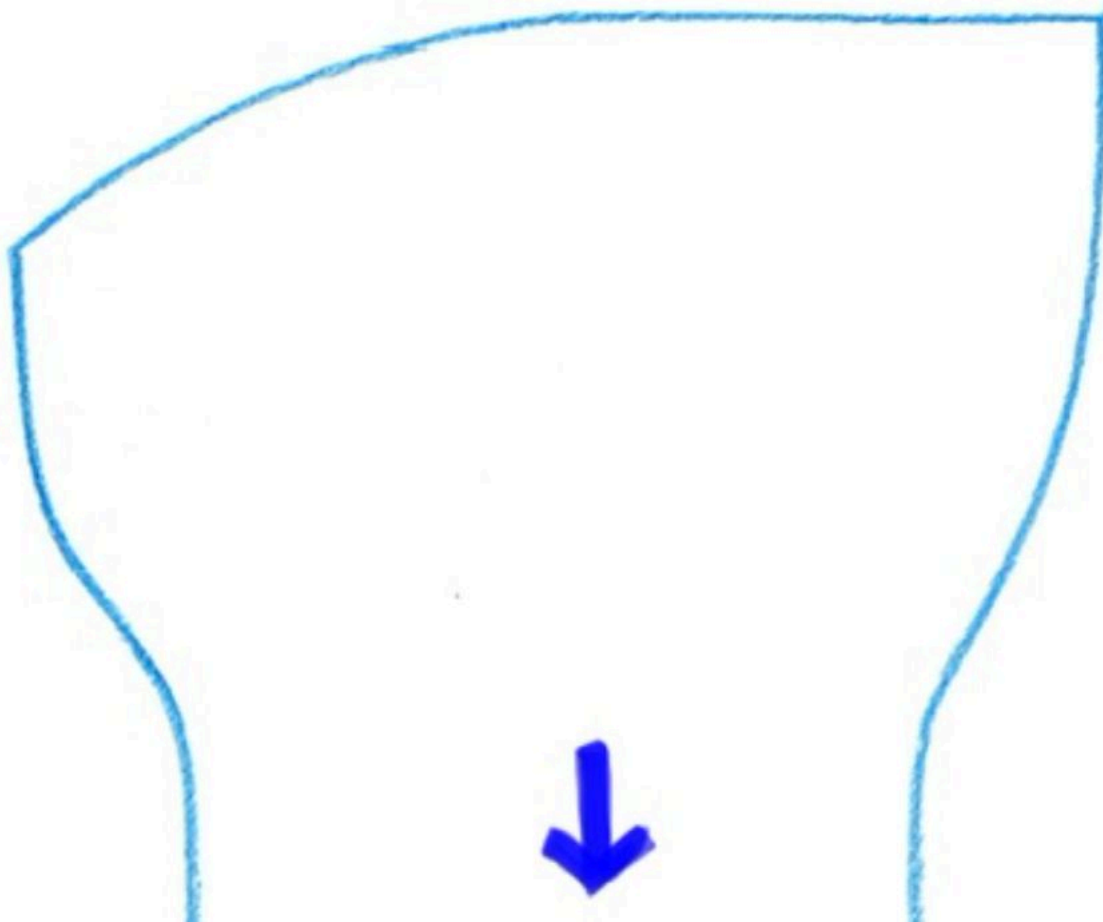
## Procedure

You can use the pattern we have drawn in this guide. However, you can also make your own by placing your hand, fingers slightly apart, on a piece of paper and drawing around your hand. In the pattern, we've chosen to let it slope downwards at the thumb, which is entirely up to you whether you do or not. If you draw according to your hand, remember to add 1-1.5 cm seam allowance when redrawing the pattern.

Measure the circumference of your arm, divide it by 2 and add 4 to the result. That way you have half the circumference of your arm plus 1 cm of seam allowance on each side and 2 cm of room to move. Draw the arm piece as a long rectangle of 35-40 cm.



**RITO**  
#RITOHOBBY



1. Cut out the pattern from your paper and tape it together if you used 2 pieces of A4.
2. Lay the fabric double and cut according to your paper pattern.
3. Set your sewing machine for the longest thread stitch and sew along the arm piece (**not** the hand



piece). Sew two rows on each side. This gives the nicest wrinkly result. We would recommend sewing each glove separately as you risk breaking the threads if you sew them together.

**4.** Hook both threads at once (but only either both top threads or both bottom threads) and create your wrinkle effect.







**RITO**  
#RITOHOBBY



**5.** Then pin or clip the gloves together right sides together and sew from the top of the hand piece all the way down to the bottom of the arm piece either on the overlocker or on the sewing machine.



**RITO**  
#RITOHOBBY



6. Turn the glove right side out.

7. Fold in the edge at both the top and the bottom, about 1 cm, and sew with stitch 2.5 on your sewing machine all the way around both edges.





**RITO**  
#RITOHOBBY







**RITO**  
#RITOHOBBY



**8.** Turn the glove so you have the wrong side out.

**9.** Place your hand on the glove and mark - with seam allowance - the distance between index finger and thumb.



**RITO**  
#RITOHOBBY



**10.** On the sewing machine, sew the distance.





**RITO**  
#RITOHOBBY



11. Cut out the piece.





**RITO**  
#RITOHOBBY



**12.** Turn the glove right side out and sew another glove like it.





**RITO**  
#RITOHOBBY





**RITO**  
#RITOHOBBY

